

Introducing a new Whittier support group for men of color

**The BRUHS Initiative:
Building Relationships that
are Understanding, Healthy and Supportive**



BRUHS is a healing space for men of color that is rooted in authentic, solution-, and growth-focused communication. The BRUHS is a group for men to discuss issues related to their physical and mental wellness, relationships, individual and collective identities, and the impact of trauma.

Saturdays in 2020: October 17 and 24
November 14 and 21
December 12 and 19
Community Education Room, 2nd floor
12:45pm-2:15pm

*Registration is required. Please call the Behavioral Health Department (617) 858-2429.



WHITTIER STREET
HEALTH CENTER

AT THE FEDERICA M. WILLIAMS BUILDING

Comprehensive. Compassionate. Community.